



## Easy Read Visual Story

# Ten in the Bed

**A Half Moon production**

A show about having fun, even when the world is at its most daunting.

This is a visual resource for children and adults with Autistic Spectrum Disorder.

This resource is intended to help prepare any visitors for a new experience and to help them to become familiar with the show, surroundings and situation.

We hope you enjoy the show!



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# What to Expect



## What is it?

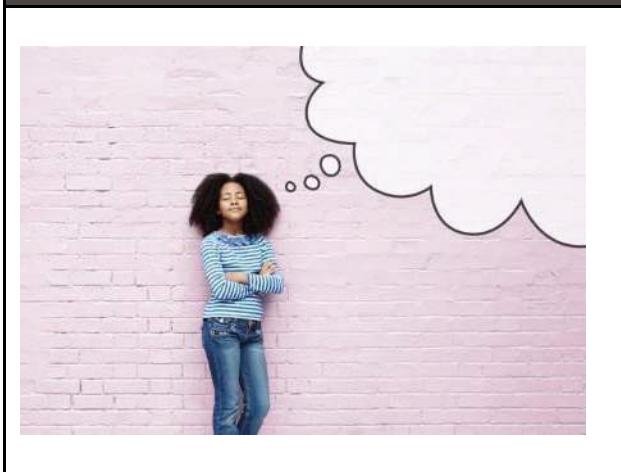
*Ten in the Bed* is about how play, laughter and imagination can create a home.

It follows Naz and Iggy and their eight friends. It is set in their bedroom, where they dream up playful tales of pirates, misunderstood sharks and fishing trips that hook some unexpected catches.

The show sensitively explores the child refugee experience, where the power of invention offers an escape from reality.

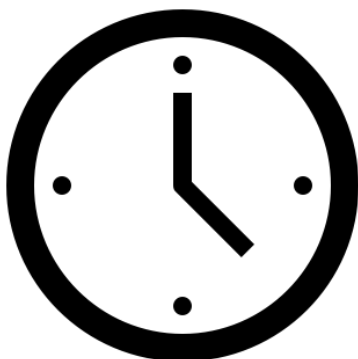
## Who is it for?

It is a show for family audiences. The recommended age is 3-8.



## Main themes





- Anxiety
- Family and friendships
- Hope, love and belonging
- Hunger
- Imaginary play
- Separation from your family
- Understanding each other



## Length of show

50 minutes  
There is no interval

## During the show

	<p><b>Music and Sound</b></p> <p>As you enter there will be music playing from the speakers.</p> <p>The show has recorded music and songs. Some of the songs are sung by the two actors.</p> <p>Music is used between scenes and as background sounds, for example snoring, a clock ticking and the sound of crashing waves.</p>
	<p>People may clap at various points. You can join in if you want to or not.</p>
	<p>People may laugh at various points. You can join in if you want to or not.</p>
	<p><b>All performances are Relaxed Performances:</b></p> <p>You can:</p> <ul style="list-style-type: none"><li>● Wear headphones</li><li>● Talk to each other or make noises</li><li>● Come and go</li><li>● Move around</li></ul>



# Content and Trigger Warnings



- The two friends play and sometimes fall out, but they are only acting.
- The characters are often hungry, thirsty, scared and anxious, but they are only acting.
- The characters imagine meeting an octopus, dolphin, sharks and pirates.
- You will hear loud and sometimes angry voices from people offstage, but they are only acting and you will not see them.
- At times it is meant to be night-time and there will be dark lighting.
- You will hear sounds of a storm happening outside with thunderclaps and big wave sound.

## Cast



My name is Hari,  
I am one of the performers.

I play **Naz**

I wear a colourful, patterned woolly jumper and baggy trousers. I have bare feet, so you will see my toes.



My name is Hayden.  
I am one of the performers.

I play **Iggy**

I wear a colourful, patterned woolly jumper and baggy trousers. I have bare feet, so you will see my toes.

## Set and Costume



The whole show is set in Naz and Iggy's bedroom.

At the back of the stage are 5 white panels.

There is a blue floor. On the floor are lots of pillows, a blanket and four mattresses: this is their bed. The characters play with the pillows and blanket to create different imagined places.

There are also lots of boxes that look like houses. Many of them are damaged.

Towards the end of the show, a large washing line with 8 small jumpers clothes on it is brought out and hung across the back of the stage.

As the show comes to an end, a cardboard box of children's toys, trainers and a scarf are brought onto the stage. This includes a toy shark, some binoculars, an action figure and a cookbook.



The actors wear colourful, patterned jumpers and baggy block colour trousers. They have bare feet.

At one point, they wear a bright orange life jacket. They also have a paper pirate hat and cardboard sword.





# The Performance



## Scene 1:

It is midnight. The bedroom is lit by moonlight and there are sounds of loud snores. Naz and Iggy are hungry and thirsty. They think about what food and drink they would have at a midnight feast. They pretend to go fishing for food and catch some unusual things including a pretend birthday cake.



## Scene 2:

It is 3am. It is still dark. Naz and Iggy are woken by loud snores. They are cold and try to keep warm. There is a storm outside with thunder and lightning and it begins to rain.



## Scene 3:

It is almost morning. Naz and Iggy are feeling cold and scared. They imagine they are in a boat and meet some pirates who threaten to throw one of them overboard but they tell them jokes and they become friends



## Scene 4:

It is dawn and Naz and Iggy are woken by loud snoring. They are feeling anxious and scared. They imagine going sailing where they meet an octopus, dolphin and sharks.



## Scene 5:

It is morning. The sun shines through the window. Naz and Iggy find a box full of things in their room. They play with the things in the box. They pull out a washing line full of clothes. They then find a gift; it is a box of jelly babies. They share the jelly babies. They are happy.